



A PROCLAMATION

BY THE MAYOR OF THE CITY OF SMYRNA

In Recognition of Resiliency Week
February 5-9, 2024

- Whereas:** every person is born with the capacity to become resilient, yet we must all strengthen our knowledge, skills, and capacity to process and overcome challenges; and
- Whereas:** many individuals in Cobb County are exposed to various forms of trauma, stresses, physical and emotional burdens and challenges, which can vary based on context and the different circumstances faced by individuals across our county; and
- Whereas:** understanding our feelings, developing coping skills, and interacting with others in a healthy way are opportunities for growth; and
- Whereas:** resilience is the quality that carries us forward to adapt and recover from adversity and from the impacts of stress and trauma; and
- Whereas:** Cobb Collaborative engages with partners and works across our community to provide education, resources and tools to help individuals cope with challenges, manage stress and make healthy choices to build their resilience; and
- Whereas:** the City of Smyrna recognizes the importance of resilience and that the key to a stronger, healthier and more connected future for the residents of our city lies in promoting supportive relationships and resilience; Now
- Therefore:** I, Derek Norton, Mayor of the City of Smyrna, Georgia do hereby proclaim February 5-9, 2024 as Resiliency Week in Smyrna, Georgia, and call upon our citizens, government agencies, public and private institutions, businesses, and schools to commit to increasing awareness and understanding of resiliency and promoting supportive relationships.



In Witness Whereof, I have hereunto set my hand and caused the Seal of the City of Smyrna to be affixed upon this 29th day of January in the year of Our Lord 2024.

Derek Norton

Mayor

Derek Norton